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## **BEMER THERAPY**

### **WHAT IS BEMER THERAPY?**

With over a million users in Europe since 1999, BEMER technology is now available in the U.S.! BEMER (Bio-Electro-Magnetic-Energy-Regulation) is a FDA registered medical therapeutic device designed to improve circulation in the smallest blood vessels (microcirculation) by supporting the body's natural healing processes. Proper functioning of the circulation is an essential basis for vitality, performance, health and a general feeling of well-being.

### **WHY BEMER?**

BEMER is a patented multi-dimensional wave signal that is carried on pulsed electromagnetic fields (PEMFs). It has been clinically and scientifically proven to be at least twice as effective as any other PEMF device on the market. The BEMER's patented PEMF is proven to be helpful for increasing energy and mental clarity, removing toxic waste build-up, accelerating wound healing, boosting immune system function, and reducing susceptibility to infections. Dr. Oz recently devoted an entire episode of his show to discussing PEMF therapy as being an excellent adjunct to other modes of treatment in reducing pain and inflammation.

BEMER is safe, with no known negative side-effects and few contraindications (organ and tissue transplant recipients undergoing immunosuppressive drug therapy).

Since this product was created in 1998, 46 publications have been developed and there are four scientific studies about BEMER therapy in PubMed (<http://www.ncbi.nlm.nih.gov/pubmed/>).

### **WHO CAN BENEFIT?**

Regular BEMER therapy use is helpful in the following conditions (and more) as part of an integrative health solution:

- Arthritis
- Autoimmune Disease
- Chronic Fatigue
- Depression & Anxiety
- Dermatological Conditions
- Diabetes (and its complications)
- Fibromyalgia
- Headaches & Migraines
- Multiple Sclerosis
- Muscle Tension and Pain (e.g. neck, back & shoulders)
- Osteoporosis
- Post-Op Recovery
- Sleep Disorder
- Varicose Veins

The BEMER is also used in anti-aging medicine. It promotes production of glutathione, a key antioxidant which allows for detoxification and prevents premature aging.

BEMER therapy is a great addition to your weight loss program (diet & exercise) by improving cell energy (ATP), which in turn, speeds up the metabolism and prolongs cell life. A faster metabolism optimizes your weight loss program, breaking down carbohydrates, fats, proteins, and toxins.

BEMER technology is a highly effective therapy for athletes as well. The increased microcirculation from BEMER therapy results in an increase in performance and a higher resilience providing for better



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deacidification of the body. With the BEMER, warming-up and cooling-down require the use of less energy, thereby reducing the risk of sports injuries.

**PROCEDURE:**

BEMER therapy is short and painless. The patient is just required to recline on the full body mat and relax. The perception of the BEMER application differs from user to user. Some users experience a light feeling of warmth or a tingle.

Craniosacral therapy can be added to be performed simultaneously while lying on the BEMER mat to provide a noticeably more relaxed and invigorating experience after the application.

**WHAT CAN I EXPECT FROM A SESSION?**

The length and number of BEMER therapy sessions required varies depending upon the condition.

Reference: [www.bemeramerica.com](http://www.bemeramerica.com)